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Press Release

U.S. Navy SEALs Motivate High School Wrestlers

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High school wrestlers from all over the country attended the annual U.S. Naval Academy wrestling camp to endure the intense U.S. Navy SEAL (Sea, Air, and Land) training camp in Annapolis, Md., July 7-15.

The U.S. Navy has a mutual partnership with the Naval Academy to raise career opportunity awareness for potential candidates in the U.S. Navy and its special warfare programs. The wrestlers endured intense two-hour SEAL physical training sessions in between technique sessions throughout the week.

“I think it’s great the SEALs are here to put these kids through their training sessions. I believe the never quit mindset goes hand in hand with wrestling, and the kids will definitely take that away,” said Brian Antonelli, U.S. Naval Academy assistant wrestling coach.

Every exercise conducted by the SEALs during their training sessions were based on team building exercises, which forced the wrestlers to work as a team to be successful before advancing to the next exercise or event.

“Wrestling is a team sport as much as it is individual, and you are only as strong as your weakest link. We placed them in these exercises so that they are forced to work as a team and put out in order to move on to the next exercise and complete the day’s evolution,” said an East Coast based U.S. Navy SEAL.

Immediately concluding every session coaches, wrestlers, and camp staff ran up to the SEAL instructors to thank them for the work out and their service.

“These guys took time away from their crazy schedule to be here to put on this camp for us and we all think it’s awesome to work out with them here because they are the best of the best,” said Joe Locksmith, a U.S. Naval Academy Sophomore and camp staff.

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